



# NO BOOZE NEWS

## 2016

*East Valley  
Intergroup, Inc.  
1320 E. Broadway,  
Suite 105  
Mesa, AZ 85204  
480-834-9033  
Fax: 480-964-4639  
info@aamesaaz.org  
www.aamesaaz.org*

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If you are looking for  
something to criticize  
in this newsletter you  
will probably find it.  
We aim to please  
everyone!

## Take Step 11

**Bill W.**

When it comes to the practice of AA's Step Eleven--"Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of his will for us and the power to carry that out"--I'm sure I am still very much in the beginner's class; I'm almost a case of arrested development.

Around me I see many people who make a far better job of relating themselves to God than I do. Certainly it mustn't be said I haven't made any progress at all over the years; I simply confess that I haven't made the progress that I might have made, my opportunities being what they have been, and still are.

My twenty-fourth AA anniversary is just ahead; I haven't had a drink in all this time. In fact, I've scarcely been tempted at all. This is some evidence that I must have taken and ever since maintained Step One: "We admitted we were powerless over alcohol--that our lives had become unmanageable." Step One was easy for me.

Then, at the very beginning, I was fortunate enough to receive a tremendous spiritual awakening and was instantly "made conscious of the presence of God" and "restored to sanity"--at least so far as alcohol is concerned. Therefore I've had no difficulty with AA's Step Two because, in my case, its content was an outright gift. Step Four and Step Five, dealing with self-survey and confession of one's defects, have not been overly difficult, either.

Of course, my self-analysis has frequently been faulty. Sometimes I've failed to share my defects with the right people; at other times, I've confessed their defects, rather than my own; and at still other times, my confession of defects has been more in the nature of loud complaints about my circumstances and my problems.

Nevertheless, I think I've usually been able to make a fairly thorough and searching job of finding and admitting my personal defects. So far as I know, there isn't at this moment a single defect or current problem of mine which hasn't been discussed with my close advisers. Yet this pretty well-ventilated condition is nothing for self-congratulation. Long ago I was lucky enough to see that I'd have to keep up my self-analysis or else blow my top completely. Though driven by stark necessity, this continuous self-revelation--to myself and to others--was rough medicine to take. But years of repetition has made this job far easier. Step Nine, making restitution for harms done, has fallen into much the same bracket.

In Step Twelve--carrying the AA message to others--I've found little else than great joy. We alkie are folks of action and I'm no exception. When action pays off as it does in AA, it's small wonder that Step Twelve is the most popular and, for most of us, the easiest one of all.

This little sketch of my own "pilgrim's progress" is offered to illustrate where I, and maybe lots of other AAs, have still been missing something of top importance. Through lack of disciplined attention and sometimes through lack of the right kind of faith, many of us keep ourselves year after year in the rather easy spiritual kindergarten I've just described. But almost inevitably we become dissatisfied; we have to admit we have hit an uncomfortable and maybe a very painful sticking point.

Twelfth-stepping, talking at meetings, recitals of drinking histories, confession of our defects and what progress we have made with them no longer provide us with the released and the abundant life. Our lack of growth is often revealed by an unexpected calamity or a big emotional upset. Perhaps we hit the financial jackpot and are surprised that this solves almost nothing; that we are still bored and miserable, notwithstanding.

As we usually don't get drunk on these occasions, our bright-eyed friends tell us how well we are doing.

But inside, we know better. We know we aren't doing well enough. We still can't handle life, as life is. There must be a serious flaw somewhere in our spiritual practice and development.

What, then, is it?

Continued on Page 2

The chances are better than even that we shall locate our trouble in our misunderstanding or neglect of AA's Step Eleven--prayer, meditation, and the guidance of God. The other Steps can keep most of us sober and somehow functioning. But Step Eleven can keep us growing, if we try hard and work at it continually. If we expend even five percent of the time on Step Eleven that we habitually (and rightly) lavish on Step Twelve, the results can be wonderfully far-reaching. That is an almost uniform experience of those who constantly practice Step Eleven.

In this article, I'd like to develop Step Eleven further--for the benefit of the complete doubter, the unlucky one who can't believe it has any real merit at all.

In lots of instances I think that people find their first great obstacle in the phrase "God as we understand him." The doubter is apt to say: "On the face of it, nobody can understand God. I half believe that there is a First Cause, a something, and maybe a Somebody. But I can't get any further than this. I think people are kidding themselves when they say they can. Even if there were a Somebody, why should he bother with little me, when, in making the cosmos run, he already has plenty to do? As for those folks who claim that God tells them where to drill for oil, or when to brush their teeth--well, they just make me tired."

Our friend is clearly one who believes in some kind of God--"God as he understands him." But he doesn't believe any bigger concept or better feeling about God to be possible. So he looks upon meditation, prayer, and guidance as the means of a self-delusion. Now what can our hard-pressed friend do about this?

Well, he can strenuously try meditation, prayer, and guidance, just as an experiment. He can address himself to whatever God he thinks there is. Or, if he thinks there is none, he can admit--just for experimental purposes--that he might be wrong. This is all-important. As soon as he is able to take this attitude, it means that he has stopped playing God himself; his mind has opened. Like any good scientist in his laboratory, our friend can assume a theory and can make an experiment. He can pray to a "higher power" that may exist and may be willing to help and guide him. He keeps on experimenting--in this case, praying--for a long time. Again he tries to behave like the scientist, an experimenter who is never supposed to give up so long as there is a vestige of any chance of success.

As he goes along with his process of prayer, he begins to add up the results. If he persists, he will almost surely find more serenity, more tolerance, less fear, and less anger. He will acquire a quiet courage, the kind that doesn't strain him. He can look at so-called failure and success for what they really are. Problems and calamity will begin to mean instruction, instead of destruction. He will feel freer and saner. The idea that he may have been hypnotizing himself by autosuggestion will become laughable. His sense of purpose and of direction will increase. His tensions and anxieties will commence to fade. His physical health is likely to improve. Wonderful and unaccountable things will start to happen. Twisted relations in his family and on the outside will unaccountably improve.

Even if few of these things happen, he will still find himself in possession of great gifts. When he has to deal with hard circumstances he can face them and accept them. He can now accept himself and the world around him. He can do this because he now accepts a God who is All--and who loves all. When he now says, "Our Father who art in Heaven, hallowed be thy name," our friend deeply and humbly means it. When in good meditation and thus freed from the clamors of the world, he knows that he is in God's hands; that his own destiny is really secure, here and hereafter.

A great theologian once declared, "The chief critics of prayer are those who have never really tried it enough." That's good advice, good advice I'm trying to take ever more seriously for myself. Many AAs have long been striving for a better conscious contact with God and I trust that many more of us will presently join with that wise company.

I've just finished re-reading the chapter on Step Eleven in our book *Twelve Steps and Twelve Traditions*. This was written almost five years ago. I was astonished when I realized how little time I had actually been giving to my own elementary advice on meditation, prayer, and guidance--practices that I had so earnestly recommended to everybody else!

In this lack of attention I probably have plenty of company. But I do know that this is a neglect that can cause us to miss the finest experiences of life, a neglect that can seriously slacken the growth that God hopes we may achieve right here on earth; here in this great day at school, this very first of our Father's many mansions.-

- Bill W.

Reprinted with permission of the Grapevine, June 1958

## Traditions Checklist

**Tradition Eleven: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.**

1. Do I sometimes promote AA so fanatically that I make it seem *unattractive*?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering, alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?



## EXTRA! EXTRA! Read All About It!!

Subscriptions are only \$12 a year...we'd love your support!!!



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## Attitude of Gratitude

If you are grateful for your sobriety and would like to give back to the program that has so freely given to you, please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers. Participating in any of these committees can be a great way to carry the message to the still suffering alcoholic, both in and out of the rooms.

As an ongoing reminder, we are still in need of more volunteers for the 12th Step call list. Although we are great at making sure the phones are answered day or night, finding someone willing and available to do a 12th Step call can sometimes be very challenging, and often times it's hit or miss depending on the time of day. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic reaching out to AA for help from time to time, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible. Who knows — the life you save could be your own....

### EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: [info@aamesaaz.org](mailto:info@aamesaaz.org)

[www.aamesaaz.org](http://www.aamesaaz.org)

Date \_\_\_\_\_ \*First Name \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*ST \_\_\_\_\_ \*Zip \_\_\_\_\_ \*Gender \_\_\_\_\_

\*Sobriety Date \_\_\_\_\_ Home Group \_\_\_\_\_

e-mail address \_\_\_\_\_ Alt Phone \_\_\_\_\_

\* = required for listing in 12<sup>th</sup> Step List

☐ *No Booze News* Subscription / Renewal (\$12.00 annual subscription fee enclosed)

#### Volunteer Service Options

*Check only those you are willing to commit time to*

##### 12<sup>th</sup> Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

##### Phones Night & Weekend

☐ Weekends

☐ Weeknights

☐ Office Phone Volunteer

☐ Other Office Help

#### Committees of Interest

*Check only those you are willing to serve on*

☐ Public Information / Cooperation with the Professional Community

☐ Special Events

☐ Literature

☐ Newsletter (*No Booze News*)

☐ Unity Committee

☐ Deliver A Meeting



**ROUNDUPS, CAMPOUTS AND CONFERENCES**

**APACHE LAKE CAMPOUT**

NOVEMBER 4 ~ 6

APACHE LAKE MARINA AND RE-  
SORT

APACHE LAKE AZ.



**LAKE HAVASU ROUNDUP**

NOVEMBER 4 ~ 6

LONDON BRIDGE RESORT

1477 QUEENS BAY

LAKE HAVASU AZ.



**JEROME ROUNDUP**

NOVEMBER 18 ~ 19

LAWRENCE MEMORIAL HALL

260 HULL AVE.. JEROME AZ.

**LAS VEGAS ROUNDUP**

NOVEMBER 24 ~ 27

WESTGATE RESORT AND CASINO

3000 PARADISE RD. LAS VEGAS NV

WWW.LASVEGASROUNDUP.ORG

**STATELINE RETREAT**

DECEMBER 8 ~ 11

TUSCANY HOTEL AND CASINO

255 E FLAMINGO RD. LAS VEGAS NV

**RIVER ROUNDUP**

JANUARY 19 ~22

RIVERSIDE RESORT AND CASINO

LAUGHLIN NV.

**YUMA ROUNDUP**

FEBRUARY 17 ~ 19

LOCATION TBD

YUMA, AZ

**EAST VALLEY INTERGROUP'S  
THANKSGIVING ALCOTHON**

12 NOON WEDNESDAY, NOVEMBER 23RD

TO

12 NOON FRIDAY, NOVEMBER 25TH

1125 N DOBSON, CHANDLER AZ

(ANTIOCH COMMUNITY CHURCH)

**MEETINGS EVERY ODD HOUR**

**ROUND THE CLOCK**

**FUN, FOOD AND FELLOWSHIP**

**A SAFE PLACE FOR THE HOLIDAY**



**Area 03 November Assembly**

Saturday, November 5th 2016

8am till 5pm

34605 N Scottsdale Rd.

Ahwatukee Group

Gratitude Dinner and Speaker

6:00pm Saturday, November 19th

16035 S 48th St. Phoenix

(St John Bosco Church)





## Name Date Days

Laure K.	11/6/1982	12419
Tom S.	11/13/1983	12054
Geoff G.	11/17/1985	11323
Richard W.	11/22/1985	11323
Jan K.	11/30/1985	11323
Roxanne B.	11/8/1986	10958
Lance N.	11/2/1987	10593
Vance C.	11/9/1987	10593
Kevin P.	11/14/1988	10227
Pam Y.	11/25/1988	10227
Kay R.	11/21/1989	9862
Bob C.	11/1/1993	8401
Gordon G.	11/7/1993	8401
Donna F.	11/11/1994	8036
Brandon B.	11/7/1995	7671
Vicki B.	11/29/1995	7671
Rose M.	11/1/1996	7305
Clark L.	11/28/2000	5844
Jamie F.	11/3/2001	5479
Francene F.	11/5/2001	5479
Mark F.	11/5/2001	5479
Ed B.	11/10/2001	5479
Jim N.	11/17/2001	5479
Shannon M.	11/5/2005	4018
Aaron B.	11/24/2005	4018
Jennifer M.	11/26/2005	4018
Vera M.	11/26/2005	4018
Maggie S.	11/29/2009	4018
Steve R.	11/1/2006	3653
Tara E.	11/11/2006	3653
Don S.	11/26/2006	3653
Dawn H.	11/18/2007	3288
Bob C.	11/9/2008	2922
Mike C.	11/9/2008	2922
Lee Ann M.	11/17/2008	2922
Linda F.	11/19/2008	2922
George B.	11/27/2008	2922
Cristy F.	11/6/2009	2557
Aaron B.	11/26/2009	2557
Shawn W.	11/5/2010	2192
Brad W.	11/8/2010	2192
Abby A.	11/25/2010	2192
Karen S.	11/27/2011	1827
Brad R.	11/27/2011	1827
Peter U.	11/11/2012	1461
Diane W.	11/20/2012	1461
Connie C.	11/25/2012	1461
Leslie D.	11/25/2012	1461
Patti T.	11/1/2013	1096
Carla F.	11/1/2013	1096
Darrell S.	11/10/2013	1096
Summer S.	11/11/2015	366

## Single and Happy-She turned 40 and her date stood her up...

### That's just fine with her.

I had a date scheduled for this past Friday night. It was a first date; we had met through an internet dating website. When I say we "met," I mean that we had exchanged a few emails, talked on the phone a couple of times and agreed to meet face-to-face to see if there was a connection. Turns out he canceled at the last minute via text message, saying he wasn't feeling well. Whether or not that's true, or another version of the story I made up in my head is the case, I'm OK. And I'm really excited about being OK today.

This week I will have 12 years and nine months without a drink. I love how I count months—as if I were a kid who wants so much to be a grownup. Actually, I just turned 40. I have had my share of experiences with dating in sobriety—some would say more than my share if they knew the details. The fact that I'm OK with a canceled date tells me I'm healing, I'm growing, and I'm learning to love myself for who I am today. And that, my friends, is a gift of sobriety.

In my active alcoholism I was promiscuous, and most of my interactions with men had been all about getting attention and feeling good. By the grace of my Higher Power, I somehow managed to avoid getting a disease, pregnant or physically hurt. At the same time I also avoided any long-term relationships, except for one that ended because he didn't drink enough.

When I got to AA I was full of self-loathing for who I had become. I was angry that I ended up in the rooms, and dating was not even on the radar for me. In meetings I heard the suggestion of "no relationships for a year," and that was a relief since I really didn't want to have anything to do with men at that time.

Don't get me wrong. I discovered men in AA who were kind, happy, and practiced integrity and honesty—quite different from anything I had experienced in the recent past. My admiration of these qualities has fed a long series of crushes. To this day there may be occasional flirting, maybe even a cup of coffee to explore if a date should follow, but AA has remained a safe place for me. I have learned how to have boundaries with people in general.

But around two years sober I started participating in online dating, since my secret wish of a boyfriend at 366 days did not come true. I had good intentions for a while, but at some point my motives changed and it evolved into another addiction. I liked the attention and the excitement, and I found a way to feel good. I told myself and concerned friends that it was OK since I wasn't drinking, and these men were not in AA.

Eventually my self-loathing returned with a vengeance, and I was making dates a higher priority than going to meetings. I can tell you now that having a service position at my home group saved my life and gave me a reason to keep showing up. I was on my way out; I reached a bottom in sobriety that led me to my knees. I got rigorously honest with my sponsor and myself. Coincidentally, a slew of sponsees showed up in my life to keep me out of my head and out of trouble.

The promise that, "No matter how far down the scale we have gone, we will see how our experience can benefit others" has come true, and I have been able to share my experience when it's been called for.

A few years ago I thought I had fallen in love. He was not a member of AA, but on paper we looked good together. I was convinced he was "the one" and was determined to marry him; but it turns out that my will was not aligned with God's at all. I'm so grateful that God did for me what I couldn't do for myself, and I didn't get married. Nevertheless, I was hurt in a way that removed my ability to trust for a while.

I knew that this too would pass, as everything does, and after some forgiveness and time, I was back online looking for the love of my life. Today I'm clearer than ever about who I am and what I want in a partner. I have developed nurturing friendships with men who respect me (yet another gift of sobriety). A few years ago I had the privilege of being the maid of honor for a friend I got sober with, and she has since started a family. I've watched many friends in AA find and lose love.

Meanwhile, I've come to the conclusion that I'd rather be single and happy than with someone who's not right for me. Today I understand that if someone doesn't want to date me it's not because I'm not good enough; it's because we don't fit.

Once in a while that line in the "Twelve and Twelve" that talks about alcoholics and "our total inability to form a true partnership with another human being" still stings a little. But the truth is, being single has allowed me to have countless fun adventures and provided opportunities to be of service to AA that I would have missed if things were different. I'm not anywhere close to being done growing and learning, and I have hope that someday my Higher Power will think I'm ready to form a partnership. On my way there, I intend to continue trudging the road of happy destiny and insisting on enjoying life.

—Angela M., Scottsdale, Ariz.

Reprinted from the Grapevine, Aug 2013

grat·i·tude: 

the quality of being thankful;  
readiness to show appreciation  
for and to return kindness.

**PI / CPC**

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

235 E Guadalupe Rd. Gilbert

(Gilbert Presbyterian Church)

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

Mike C.

**EVI Phone Workshop**

Third Friday's at 6:15 pm

Before the monthly business meeting at

1125 N Dobson Rd

Antioch Community Church

Or

**Workshops can also be done at your Group !**

For more information

Call

480 834-9033

**EVI Sponsorship Workshop**

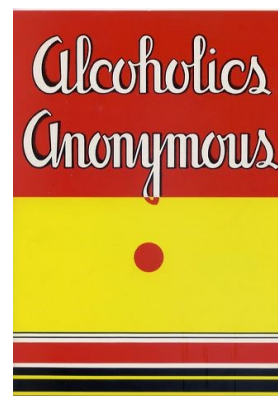
10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ

(Gilbert Presbyterian Church)

Contact: TBD

HOST GROUP SCHEDULE

**November 2nd ~ East Valley Men's**

Join the Newly Re-Organized

**EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Antioch Community Church

1125 N. Dobson Rd Chandler

Contact Larry S.

**EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

Antioch Community Church

1125 N Dobson Rd Chandler

contact: Andrea M.

***EVI Monthly Speaker Meeting****1st Friday of Every Month***Meeting Now At 7:30pm**

Antioch Community Church

1125 North Dobson Road, Chandler

**November 4th - Gilbert Gals**

December 4th - Bloopers

These are subject to change - so keep watching.

Office Volunteers &  
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific  
times and days.

**\*\*\* Regular shifts available now\*\*\***

# Central Office Manager's Report

October 22, 2016

We received 472 requests for information and assistance last month. Of those 126 calls were for meeting info, 120 were office visitors and 11 resulted in a 12 step call. Our website stays busy too. It had 32,697 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for September were 2,987 views, 38 map directions and 24 calls.

A Grapevine literature order was placed this month. We now have the new Grapevine book "Our Twelve Traditions" in stock as well as "Emotional Sobriety" and their other themed compilation books. They make great holiday gifts.

After viewing several copier maintenance videos on YouTube, my skills have advanced to apprentice level. We only need to call a service tech when parts are required. We have also found a new source for toner that should save us a couple hundred dollars a year.

Service day / newsletter folding at the office last month was a blast. We had several people folding newsletters and fellowshipping. Service Day is being held Wednesday the 26th this month. We'll supply the coffee and donuts. We will be sending out an email reminder for those who have volunteered to help at the office.

Please continue to encourage members to subscribe and/or renew subscriptions to the No Booze News. Not to brag but it is one of the best newsletters of this type available and is also our best tool for keeping our local members informed and connected.

The 12 step list is in need of people willing to provide the hand of A.A. for those trying to get sober. Please take some Gratitude with Service forms back to your Home Group and encourage members to sign up for this or any service positions. The life you save may be your own.

In the spirit of Tradition Eight,  
Love and Service

Kim W. Central Office Manager  
East Valley Intergroup

## EVI CENTRAL OFFICE ACTIVITY

	Sep.	2016
Meeting Information Calls	146	1,349
General Information	84	784
Referred to Salt River Intergroup	12	72
Referred to Al-Anon	15	96
Referred to Community Info	0	12
12th Step Calls	11	93
Business Calls	104	870
Office Visitors	120	1191
Meeting lists printed	800	7400
Info request via E-mail	48	384
Desk Volunteers-Reg/Sub/None	31/ 6/ 4	
Desk Volunteers-Reg HRS YTD	1660 hrs	

### Web Stats

Website Visits last 30 days 32,697 YTD 222,453  
Google Searches last 30 days 2,987

## Meeting List Updates...

### New Meetings:

Saturday Night Sobriety	1050 W Superstition Blvd. AJ	SA 8:00p	O
Sunland Serenity	4601 E Dolphin Ave Mesa	TH 11:00a	O
BB Bookworms	11002 S 48th St. Ahwatukee	MO-TH 6:30a	BB,O
Grateful Girlfriends	20913 E Ocotillo Rd. Queen Creek	TH 7:00p	C,W

### Changes:

Tempe Sunrisers <b>Has Moved To:</b>	4415 S Rural Rd. Tempe	Daily 6:45a	O
	(The Pigeon Coop)	SU	7:45 O
Aha, It's Monday <b>Moved To:</b>	25612 S EJ Robinson Blvd Sunlakes	MO 4:00p	O

### Deletions:

Road To Recovery	5640 E Main St. Mesa	Canceled TH & WE	6:45
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*East Valley Intergroup*  
1320 E. Broadway Rd. # 105  
Mesa, AZ 85204

*General Service Office*  
PO Box 459, Grand Central Station  
New York, NY 10163

*Area 03 Treasurer*  
PO Box 21612  
Mesa, AZ 85277

*District 08-818*  
PO Box 12044  
Tempe, AZ 85284

*District 08-819*  
PO Box 594  
Mesa, AZ 85211

*District 08-820*  
PO Box 20404  
Mesa, AZ 85277

*District 08 (Maricopa County)*  
PO Box 45066  
Phoenix, AZ 85064

*Valleywide H & I*  
PO Box 80126  
Phoenix, AZ 85060

### Example of Group Contributions to A.A.

#### Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



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from the pamphlet Self Support.

# GROUP CONTRIBUTIONS

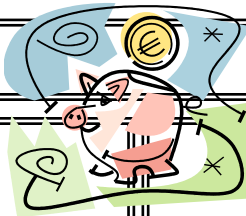


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GROUP	Sep	YTD
11th Step Candlelight .....		\$138.00
12 X 12 @ 12 .....		\$0.00
2121 Beginner Workshop .....		\$100.00
24 Hours A Day .....		\$20.00
A Vision For You Group .....		\$196.50
ABC Group .....		\$0.00
AHA! It's Monday .....		\$150.00
Ahwatukee Daybreak Serenity .....		\$0.00
Ahwatukee Group .....		\$113.24
Ahwatukee Nooners.....	\$600.00	\$1,600.00
Ahwatukee Saturday Men's .....		\$672.75
Ahwatukee Women's Group .....		\$296.80
Arbor Daily Noon Group.....		\$950.00
ASCYPAA .....		\$0.00
As You Wake Up .....		\$75.60
Attitude Adjustment CG .....		\$86.00
Attitude of Gratitude .....		\$0.00
Basic II .....		\$300.00
Before Breakfast Group .....		\$0.00
Bloopers .....	\$30.00	\$470.00
Bootstrap Men's .....		\$400.00
Breakfast Club .....		\$0.00
Busted Ego .....		\$500.00
By The Book .....		\$334.64
Chandler Men's Stag Group .....		\$0.00
Chandler Noon Group .....	\$116.56	\$850.64
Chandler Women's Big Book Group .....		\$541.75
Cold Coffee Group .....		\$100.00
Common Solution.....		\$160.00
Copper Basin Group .....		\$0.00
Courage To Change.....		\$100.00
Daily Reflections Group .....		\$0.00
Day At A Timers .....		\$0.00
East Valley Men's Stag .....	\$20.00	\$450.00
Easy Does It Group .....	\$88.87	\$849.83
Experience, Strength and Hope .....		\$0.00
Eye Opener Group .....		\$100.00
Family Recovery Group .....		\$0.00
Feelings & Solutions.....		\$230.00
Firehouse Meeting .....		\$110.00
Friday Night Big Book Study .....		\$250.00
Friends Of Bill W. ....		\$120.00
Get It Together.....	\$862.56	\$3,954.36
Gilbert Gals .....		\$210.00
Gilbert Group .....		\$0.00
Gold Canyon 12 X 12 Group .....		\$186.33
Good Ol' Back to Basics .....		\$250.00
Grateful Dames .....		\$0.00
Gratitude Group .....		\$62.98
Cut Level .....		\$58.25
Happy Hour @ Sunbird.....		\$318.15
Heard It Thru The Grapevine .....		\$24.00
Into Action .....		\$38.73
Inwardly Reorganized.....		\$30.00
Keep It Simple.....		\$110.00
Keepin It Real Ladies .....		\$151.00
Life In The Big Book .....		\$777.59
Maricopa 12 X 12 .....		\$60.00
Maricopa Group .....		\$75.00
Mesa Group .....		\$0.00
Mid-Morning Group.....		\$80.00
Morning After Group .....		\$19.00
Name In The Hat.....		\$700.00
New Beginnings.....	\$100.00	\$500.00
New Hope Group .....	\$10.00	\$90.00
New Spirit Group .....		\$675.00
No Name AA Group .....		\$50.00
Not A Glum Lot.....		\$65.00
Page A Day Group .....		\$2,083.24

GROUP	Sep.	YTD
Pioneer Group .....	\$100.00	\$194.20
Playground Solutions Group .....		\$0.00
Price Is Right .....	\$100.00	\$557.50
Primary Purpose BB Study.....		\$0.00
Primary Purpose Group .....	\$68.50	\$192.90
Prime Time.....		\$50.00
Progress Rather Than Perfection .....		\$60.00
Puttin' Sober East .....		\$60.00
Putting God First .....		\$660.00
Queen Creek BB Study Group.....		\$125.00
Re-Awakening Group .....		\$0.00
Remember When .....		\$50.00
Renewed Spirit.....		\$600.00
Right Place Women's .....		\$0.00
Rising Spirit.....		\$742.32
Road To Recovery .....	\$86.24	\$3,736.79
San Tan Group .....		\$0.00
Second Chance Group .....	\$266.00	\$732.55
Seniors In Sobriety-Tempe.....		\$55.00
Serenity At Six.....		\$0.00
Sisterhood Of Solutions .....		\$220.00
Sobriety is Gold .....		\$50.00
Sobriety Rocks .....		\$50.00
Society Group .....		\$1,675.00
Solutions Group .....		\$0.00
Some Are Sicker Than Others .....		\$0.00
Southeast Valley Stag .....		\$0.00
Spirited Women .....		\$75.00
Step By Step Group .....		\$0.00
Stepping Stones .....		\$525.00
Sunday Morning Reflections.....		\$0.00
Sunday Morning Women.....		\$0.00
Sunday Night BB Step Study .....		\$203.63
Sunland Serenity Seekers.....		\$205.00
Sunset Group .....	\$50.00	\$100.00
Tempe Group .....		\$0.00
Tempe High Noon .....		\$0.00
Tempe Nooners .....	\$25.00	\$225.00
Tempe Sunrisers .....		\$0.00
The Kick .....		\$0.00
The Library .....		\$130.00
The Real Thing .....		\$9.88
The Way Out Group .....		\$400.00
This Simple Program.....		\$0.00
Thursday Night Step Group.....		\$0.00
Tuesday Night Steppin Out .....		\$110.00
Tuesday's Trudgers .....		\$5.00
Tumbleweeds Group .....	\$253.54	\$520.54
Twelvers (disbanded) .....		\$0.00
We Ain't Dead Yet.....		\$97.50
We Agnostics .....		\$60.00
We Can Group .....		\$0.00
Wednesday Night Step .....	\$170.00	\$340.00
Wednesday Night Winners .....		\$0.00
West Chandler Men's.....		\$65.00
Who's Driving Your Bus?.....		\$50.00
Wolf Pack Group .....		\$150.00
Women in Gratitude.....	\$100.00	\$350.00
Women in Solution .....		\$0.00
Women in Touch .....	\$125.00	\$250.00
*Anonymous Groups.....		\$236.92
<b>OTHER GROUPS/COMMITTEES</b>		
Apache Lake Campout .....		\$0.00
SWACYPAA .....		\$0.00
AZ AA Womens Conference.....		\$500.00
Dist 08-820 .....		\$0.00
Mesa Round Up .....		\$0.00
<b>Group Totals .....</b>	<b>\$3,072.27</b>	<b>\$35,701.12</b>
<b>EVI Committees .....</b>	<b>\$167.60</b>	<b>\$917.65</b>
<b>Individual Contributions .....</b>	<b>\$0.00</b>	<b>\$2,317.90</b>
<b>GRAND TOTALS .....</b>	<b>\$3,239.87</b>	<b>\$38,936.67</b>





### BALANCE SHEET September 30, 2016

#### Assets

Current Assets	
Checking	3,600.27
Prudent Reserve (Savings)	20,547.08
Accounts Receivable	254.85
Inventory Asset	19,026.55
Undeposited Funds	0.00
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
<b>Total Assets</b>	<b>\$43,478.75</b>

#### Liabilities & Equity

Liabilities	
Accounts Payable	-7.00
Visa Credit Card	0.00
Payroll taxes	0.00
<b>Total Liabilities</b>	<b>-\$7.00</b>

Equity	
Opening Balance Equity	43,778.94
Retained Earnings	-537.28
Net Income	244.09

<b>Total Equity</b>	<b>\$43,478.75</b>
<b>Total Liability &amp; Equity</b>	<b>\$43,478.75</b>

### PROFIT & LOSS STATEMENT September 2016

19 Group contributions totaling	\$3,072.27
0 Individual contributions totaling	\$0.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$167.60
<b>Total Contributions</b>	<b>\$3,239.87</b>
<b>Total Income</b>	<b>\$9,189.30</b>
<b>Less total Cost Of Sales</b>	<b>\$4,778.14</b>
<b>Gross Profit</b>	<b>\$4,411.16</b>
<b>Less total Expenses of</b>	<b>\$5,214.88</b>
<b>Net Sep. Loss</b>	<b>(\$803.72)</b>
<b>YTD 2016 Income</b>	<b>\$244.09</b>

The current Prudent Reserve balance is \$20,547.08  
The Prudent Reserve has been  
established for 2016 in the amount of \$26,804.32

Please call me with any questions or comments  
regarding the financial statements.

Yours in service,  
Ed B. EVI Treasurer

**There's no harm** in having nothing to say. Just try not to say it out loud.

**Step Eleven~** Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

**Tradition Eleven~** Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

**Concept Eleven~** The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.



## East Valley Intergroup Business Meeting Minutes

October 21, 2016

Meeting Opened by Gordon about 7pm-ish with Moment of Silence followed by Serenity Prayer

12 Traditions – Aaron B

**INTRODUCTIONS:** *Your attendance and participation is appreciated and visitors are always welcome!***Intergroup Representatives:** (New Reps are in **BOLD**) (This comes from the sign in sheet). Sign in sheet ended up in the rolling cart after the meeting...

Rep	Group
Buddy	Aha, It's Monday
Larry	Basic II
Jamie	Bloopers
Charlie	Bootstrap
Bev	Breakfast Club
John	By The Book
Larry	East Valley Men's
Denis	Friend's of Bill
<b>Dennis</b>	<b>Firehouse</b>
James	Gratitude Group
Deana	Life in the BB

Rep	Group
Beth	Maricopa Group
<b>Regina</b>	<b>Grateful Girlfriends</b>
Peg	Not a Glum Lot
Lonnie	Page A Day
<b>Anne</b>	<b>Price is Right</b>
Jeremy	Road to Recovery
<b>Beth Ann</b>	<b>Sisterhood of Solutions</b>
<b>Lauren</b>	<b>SNBSS</b>
Peg	Spirited Women
Kim	Step By Step
Dave	Sunset

Rep	Group
<b>Kelvin</b>	<b>The Way Out</b>
Jeff	Tuesday Trudgers
Jim	WADY
Beth	We Agnostics
Gary	Welcome Home
Jeff	Who's Driving Your Bus
<b>John</b>	<b>Wolfpack</b>
Regina	Women in Gratitude
Shirley	Women in Touch

**Committee and other Trusted Servants:** (N/P = Not Present) (Please add N/P next to the name if you notice someone is not here)

Name	Service Position
Gordon R	Chair
Tom N	Vice Chair
Ed B – N/P	Treasurer
Regan G – N/P	Secretary
Zach L	Advisor - Unity
Barbara	Advisor Phones
Mark B – N/P	Advisor PICPC

Name	Service Position
Brad	Advisor – Special Events
Kim	Office Manager – N/P
Larry	Unity Chair – N/P
Mike	PICPC Chair – N/P
Andrea	Special Events Chair
Bev	No Booze News Editor
Tamara	Phone Chair

Name	Service Position
Roxanne	H&I Liaison
Marge M	Spanish Liaison – N/P
Aaron B	DCM 08-818
Paul T	DCM 08-819 – N/P
Jeff S	Alt DCM 08-820 – N/P
Tracey M	DCMC 08 – N/P
Mary	Sponsorship Workshop

**Secretary's Report:** Gordon R. – Previous SC and IGR Minutes in Packet - Motion to Accept by Denis, 2<sup>nd</sup> by Beth Ann, Motion Carries.**Treasurer's Report:** Gordon R & Tom N – Written Report in Packet – Motion to Accept by Jeremy, 2<sup>nd</sup> by Barbara, Motion Carried  
7<sup>th</sup> Tradition: \$94.50**Chairperson's Report:** Gordon R- Chaired Steering Committee and Intergroup meetings. – Gordon briefly discussed the AA Intergroups of the Valley meeting on 10/9 @ the Spanish Intergroup office.**Vice Chair's Report:** Tom N. – Written Report in Packet.**Office Managers Report:** Kim W. – Written Report in Packet.**STANDING COMMITTEE REPORTS****PICPC – Mike – Not Present** - Written Report in Packet.**Special Events: Andrea** – 4 open slots for Thanksgiving Alcahthon all filled tonight... Thanks EVI! Please come support the next EVI Speaker Meeting on 11/4 hosted by the Gilbert Gals. EVI Annual Days of Service is tomorrow, 10/22 @ First Christian Church in Mesa – come see what the EVI has to offer! Special Events Coordinator position is up at the end of the year. Please let a Steering Committee member know if you or someone you know may be interested.**Phone Committee: Tamara L.** – Need volunteers to answer phones around the holidays. Phone Coordinator position is up at the end of the year. Please let a Steering Committee member know if you or someone you know may be interested.**Unity Committee: Larry S.** – Not Present – Zach L gave a brief overview of what the Unity Committee does.**Sponsorship Workshop: Mary** – Next workshop is 11/5 (wrong date in newsletter) at 10:00am at Gilbert Presbyterian hosted by East Valley Men's.

**Newsletter Editor – Bev W.** – No Booze News (NBN) is available on the aamesaaz.org website! Thanks to everyone who has submitted articles!!! We are always looking for local articles, stories, jokes, and group history's, etc. from members for the No Booze New. Please call or email Bev! Get a subscription for just \$12 per year and have it delivered to your door!

### **LIASION REPORTS**

**Alanon Liaison:** Lee – Not Present

**H&I Liaison:** Roxanne – Report available at [www.vwhi.org](http://www.vwhi.org). H&I is working on updating bylaws (current draft on H&I website). Awareness Day coming up on 11/12 (see flyer). MCSO needs men to take meetings into 4<sup>th</sup> Ave Jail; need women for Perryville.

**Spanish Liaison** – Marge – Not Present

**Sub District 08-818:** Aaron – Committee Meets 2<sup>nd</sup> Tues at Tempe Bloopers at 7pm. – Briefly discussed his take on Unity among the many service entities. District 8 typically has \$3000-\$4000 in surplus funds annually (over \$3000 currently).

**Sub District 08-819:** Paul – Committee Meets 2<sup>nd</sup> Thur at St Peter's Lutheran Church in Mesa (new location effective 11/10!) – Alt DCM, Brad B, gave a brief update.

**Sub District 08-820:** Jeff – Committee Meets 1<sup>st</sup> Mon at Epiphany Lutheran in AJ. - Not Present

### **OLD BUSINESS:**

Elections coming up in December for 4 positions: Chairperson, Treasurer, Advisor to Special Events and Advisor to Unity Committee. If interested in standing or nominating someone, submit a nomination form to EVI.

Several appointed positions need to be filled for the next rotation as well: Phone Coordinator, Sponsorship Workshop Coordinator, Special Events Coordinator and PI/CPC Chair. Please let a Steering Committee member know if you or someone you know may be interested.

2017 Budget to be voted on at November Meeting – Question from the floor (Gary L) – Why are Group Contribution & Sales budget line items higher than 2015 & 2016? Gary will reach out to Ed who is not present.

### **NEW BUSINESS:**

Will we be purchasing radio PSA's during the holidays? Need to follow-up with Kim who is not present.

**ANNOUNCEMENTS:** Joint PI/CPC event on 11/19 at 11:00am @ Epiphany Lutheran Church in Apache Jct.; Mesa Roundup Monster Mash on 11/29 @ LDS Church near Center & 1<sup>st</sup> Ave in Mesa (see flyer on EVI website)

**Group Problems & Solutions:** Inquiry from the floor regarding insurance and seed funds for a home group retreat - According to our Traditions, retreats are typically not considered AA events.

Motion to close made by somebody and 2nd seconded by everybody. Motion Carried.

**Close Meeting: 8:00 ish** with Statement of Responsibility and Lord's Prayer

\*Thank you Tom for taking the minutes in Regan's absence.

## Bill W. Writes About AA's Founders and Leaders

" . . . The realization has come strongly in the last year or so that we older folk are actually getting less important to the movement . . . I begin to see how truly providential that is. Here are people being lifted up by their principles rather than by their preachers. How well this all augurs for the long future."

(Unpublished letter, 1942)

" . . . As a matter of fact, I think you overestimate the part I played in AA. Perhaps, too, I ought to remind you that in AA, gratitude runs forward much more than backward. The best expression we can make of thanks is the carrying of the message to the next fellow . . . "

(Unpublished letter, 1955)

For many decades now, we in the Fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. A.A. cofounder, Bill W. thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

Misty origins notwithstanding, Gratitude Month has, since the 1940s, been November and our shared thankfulness over the years has taken many forms and will continue to do so as our membership widens.

The General Service Board began giving small gratitude dinners in the 1940s. These were precursors to the much larger Gratitude Luncheons that were orchestrated during the 1960s as a Public Information effort of G.S.O.

A.A. Traditions were the undeniable anchor of our new sober life, Bill W. thought when he wrote, "What then could be more appropriate than to set aside Thanksgiving week for discussion of the practical and spiritual values to be discovered in our Traditions?" The Traditions, he wrote in November 1949, "are a distillate of our experience of living and working together. They apply the spirit of the Twelve recovery Steps to our group life and security." (The Language of the Heart, p. 96)

The first sealed and approved, official recognition of an A.A. "Gratitude Week," to be specifically designated to coincide with Thanksgiving week, dates back to 1956. That year, at the Sixth General Service Conference, delegates approved a motion to that effect, stipulating that "this action be noted in the annual pre-Thanksgiving appeals to the groups for funds to help support A.A.'s worldwide services."

Carrying the message, expressing gratitude, as well as wanting to make a gesture of appreciation for the numerous published articles, books, and radio and TV interviews relating to A.A. that year, were what motivated a member of Gratitude Luncheons. These were held, always in November, during the 1960s at New York City's Roosevelt Hotel-where, incidentally, members of the media who might care to have a drink, were assured, in the invitation by General Service Board chairman (nonalcoholic) Dr. John L. Norris, that "cocktails will be served at 12:15 in the Library, and the luncheon will end promptly at 2:00p.m." Well-attended functions, these luncheons drew a sizeable, wide-ranging representation from the media, and served a double purpose: to thank the writers and commentators who attended for their contributions to A.A. in the preceding year and to, in the words of a G.S.O. memo written at the time, "advance A.A.'s public relations by bringing editors, publishers, writers and broadcasters in personal contact with sources of reliable information on the movement." A typical list of invitees to the 1965 luncheon, who had published articles and books on the Fellowship were from The New York Times, Medical World News, McCall's Magazine, Macmillan Publishing Company, The Christian Science Monitor, and many other news and publishing organizations.

Bill W. always addressed the gatherings, as did Dr. Norris, and, in addition to a question and answer period at the end of the proceedings, there was always plenty of A.A. literature available for the guests to take along. In 1965, Bill sent an autographed copy of the newly-released *A.A. Comes of Age* to each guest. Although those who came to the luncheons found them helpful and informative, the board thought they were too expensive a way to say thank you, when a letter from Bill, after an article or TV production was completed, would have been enough. Others voiced the opinion that more cooperation offered on articles or radio and TV spots might have been more helpful. In any event, the luncheons were discontinued in 1968.

Gratitude. We all know it serves us best when it's kept alive, in our individual lives and in our group conscience. Realizing this, countless A.A. groups over the years have used the month of November (for Canadian groups, it's October), to open the door of gratitude even wider. It's a sure way of insuring a continued healthy sobriety, group unity, and to avoid complacency and stagnation. Many groups observe Gratitude Month by holding Traditions meetings and taking up special contributions to the General Service Office for A.A. services worldwide.

This is an opportunity for all A.A.s to think of new and expanding ways to express and share their gratitude. For example, groups could hold topic meetings during the month on the power and different faces of gratitude: "How Grateful Are We?"; "Gratitude is not Passive"; "Giving it Away."

How about trying something new- something your group has never done before, which will make the members' gratitude more tangible and real?

Traditions meetings, of course, always bring home to us all over again the richness of our A.A. heritage, strengthening not only our gratitude but the sobriety of A.A.s, old and new.

In deepening our appreciation of A.A.'s Traditions during Thanksgiving week, Bill wrote, "We could thus reinforce our faith in the future by these prudent works; we could show that we deserve to go on receiving that priceless gift of oneness which God in his wisdom has so freely given to us of Alcoholics Anonymous in the precious years of our infancy." (ibid)

So how about it? **Let's give Gratitude a real send-off this year!**

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**Please send us your stories,  
MAIL, EMAIL OR CALL IT IN!!**



I'd like to hear your story and put it in the No Booze News! Mail your story to the Intergroup office, or email it to me! Or call me and tell it to me and I'll write it down! Please include your name and phone number. We reserve the right to edit for content and/or clarity.

Bev W. [info@aamesaz.org](mailto:info@aamesaz.org) THANKS!